

I Mina Trentai Tres Na Liheslaturan Guåhan
Resolutions Log Sheet

Resolution No.	Sponsor	Title	Date Intro	Date of Presentation	Date Referred	Committee / Ofc Referred	PUBLIC HEARING DATE	DATE COMMITTEE REPORT FILED	Date Adopted
154-33 (COR)	T. R. Muña Barnes Frank F. Blas, Jr. V. Anthony Ada	Relative to recognizing and commending CDR Timothy M. Quast for his dedicated and selfless service in caring for the medical needs of military personnel and civilians at the U.S. Naval Hospital Guam; and to further extending <i>Un Dângkolo Na Si Yu'os Ma'åse'</i> to him for his support and vast exemplary contributions to the military community and to the people of Guam.	08/03/15	8/5/2015 9:30 a.m.					08/05/15

I MINA'TRENTAI TRES NA LIHESLATURAN GUÅHAN
2015 (FIRST) Regular Session

Resolution No. 154-33 (COR)

Introduced by:

T. R. Muña Barnes
Frank F. Blas, Jr.
V. Anthony Ada
R. J. Respicio
T. C. Ada
FRANK B. AGUON, JR.
B. J.F. Cruz
James V. Espaldon
Brant T. McCreadie
Tommy Morrison
Dennis G. Rodriguez, Jr.
Michael F.Q. San Nicolas
Mary Camacho Torres
N. B. Underwood, Ph.D.
Judith T. Won Pat, Ed.D.

Relative to recognizing and commending Commander Timothy M. Quast for his dedication and selfless service in caring for the medical needs of the military personnel and civilians at the U.S. Naval Hospital Guam; and to further extending *Un Dångkolo Na Si Yu'os Ma'ase'* to him for his support and vast exemplary contributions to the military community and the people of Guam.

1 **BE IT RESOLVED BY THE COMMITTEE ON RULES OF I**
2 ***MINA'TRENTAI TRES NA LIHESLATURAN GUÅHAN:***

3 **WHEREAS, Commander (CDR) Timothy M. Quast was born in Vallejo,**
4 **California. He is the son of Peggy and Philip Quast, and the eldest child of five (5)**
5 **children. Tim's father was a career Naval Surface Warfare Officer who calls**

1 Baltimore his home, and who retired as the longest-serving officer earning him the
2 nickname the “Old Salt”; and

3 **WHEREAS**, upon graduating from Tulane University in 1988 with a degree in
4 Mechanical Engineering, CDR Timothy M. Quast chose Surface Warfare as his
5 specialty, and he went on to serve as a Pacific Fleet Sailor for over nine (9) years
6 before matriculating to the Uniformed Services University for medical school; and
7 during this period, he also served tours of duty at the Office of Naval Intelligence and
8 the Bureau of Personnel; and

9 **WHEREAS**, in 1993, CDR Timothy M. Quast married Sarah Jones; and they
10 were blessed with three (3) children: Sophia, Helen and Zoe. Sarah is a college, high
11 school and elementary school teacher; and is a writer of scholarly books and grants.
12 She previously had served as a ship’s Ombudsman; and currently serves as one of the
13 three U.S. Naval Hospital Guam Ombudsmen; and

14 **WHEREAS**, while at the Uniformed Services University, CDR Timothy M.
15 Quast served as the Academic Representative, offering student perspective and input
16 in overhauling the school’s curriculum. He was also selected for the medical
17 fraternity of academic achievement, Alpha Omega Alpha; and

18 **WHEREAS**, CDR Timothy M. Quast selected internal medicine; and he
19 completed his intern year at Bethesda Naval Hospital, where he served as the Class
20 President and earned the distinction of “Intern of the Year.” He was also selected for
21 residency and to serve as the Chief Resident for his first staff tour; and

22 **WHEREAS**, CDR Timothy M. Quast was then accepted into a three-year
23 Pulmonary and Critical Care Fellowship at the Walter Reed National Military Medical
24 Center, Bethesda’s National Capital Consortium, which he completed in 2009. He
25 was also a finalist for the prestigious Bailey K. Ashford award for research at Walter
26 Reed Army Medical Center in 2009, where he presented several poster and podium

1 presentations at various national meetings, to include the American Thoracic Society
2 and the Association of Clinical Chest Physicians; and

3 **WHEREAS**, upon graduating from fellowship, CDR Timothy M. Quast stayed
4 at Walter Reed-Bethesda; and then from March to September 2010, he deployed to
5 Kandahar, Afghanistan, where he served as the Intensive Care Unit (ICU) Director
6 during the Kandahar Offensive, while overseeing the care of several hundred coalition
7 soldiers and U.S. Marines; and he achieved over ninety-six percent (96%) survival
8 rate during this brutal period. Once he returned to Walter Reed, CDR Timothy M.
9 Quast initiated a mentorship program for the combined Army-Navy Internal Medicine
10 Residency program, which tallied to over fifty (50) residents; and

11 **WHEREAS**, in July 2012, CDR Timothy M. Quast reported to the U.S. Naval
12 Hospital Guam (USNHG), and he assumed the duties as the Department Head of
13 Internal Medicine from October 2012 to June 2013; and

14 **WHEREAS**, from June 2013 to May 2015, CDR Timothy M. Quast served as
15 the Director of Primary Care; and also served as the Critical Care Committee
16 Chairman, where he organized a mentorship program for the wardroom. He is one of
17 two critical-care physicians on Guam, serving in the U.S. Navy's highest acuity
18 Intensive Care Unit; and

19 **WHEREAS**, CDR Timothy M. Quast also served as the Command's
20 Competent Medical Authority representing U.S. Naval Hospital Guam in the Western
21 Pacific Medical Alliance; as well as being the Command's designated Convening
22 Authority from August 2012 to August 2015; and

23 **WHEREAS**, as a pioneering physician and leader dedicated to process
24 improvement and junior officer mentorship, CDR Timothy M. Quast formed a board,
25 comprised of members of the Executive Steering Committee, to perform systematic,

1 high quality career development boards for the Command's Medical Corps Officers;
2 and

3 **WHEREAS**, as one of two Pulmonary Intensive and Critical Care Committee
4 Chairmen, CDR Timothy M. Quast provided direct care to patients, while directing
5 the policies for highest acuity; and were the fourth busiest ICU in the U.S. Navy from
6 August 2012 to December 2014; and

7 **WHEREAS**, as the Director of Primary Care from June 2013 to May 2015,
8 CDR Timothy M. Quast was in charge of leading a total of one hundred nine (109)
9 personnel, including thirty (30) Officers, forty-seven (47) Enlisted Personnel, twenty-
10 eight (28) Contractors and four (4) General Schedule Employees, comprising four (4)
11 departments, which included one remote branch clinic that provides primary care
12 services to over eleven thousand four hundred (11,400) beneficiaries; he also managed
13 a combined budget of One Hundred Thirty-one Thousand Dollars (\$131,000), 8.64
14 Million Dollars in total resources, and he was responsible for one hundred forty-two
15 (142) equipment items that were valued at 1.05 Million Dollars. CDR Timothy M.
16 Quast distinguished himself as an innovator and proactive leader in improving both
17 quality and access to health care for thousands of beneficiaries on Guam; and as a
18 result, his accomplishments have directly affected the Command, the region, and
19 military medicine; and

20 **WHEREAS**, CDR Timothy M. Quast developed the long range plan that
21 provided vision, direction and leadership, resulting in his Directorate's four (4)
22 medical homeports earning a Level 3, the highest level of the National Committee for
23 Quality Assurance (NCQA) recognition in the U.S. Naval Hospital Guam's first
24 NCQA certification for its nascent medical homeports; he also directed efforts,
25 including numerous initiatives, which improved access to care metrics from twenty-
26 seventh (27th) to first (1st) throughout the U.S. Navy over a ten (10) month period, as

1 well as raising the Command's overall population health index metric (HEDIS) from
2 seventh (7th) to first (1st) Navy-wide; and

3 **WHEREAS**, over the years, CDR Timothy M. Quast garnered numerous
4 personal and honorary awards, including: the Meritorious Service Medal; the Navy
5 and Marine Corps Commendation Medal (5); and the Navy Achievement Medal (5);
6 he was chosen among all other U.S. Navy Internists as the 2014 SPARKS Award
7 winner, an award recognizing a sole internist for his or her outstanding achievement in
8 "teaching prowess, academic acumen and exemplary characteristics of care,
9 professionalism and leadership"; and

10 **WHEREAS**, CDR Timothy M. Quast was also recognized by Navy Medicine
11 West (NMW) as author of a "Best Practice" in conceiving the Command's Medical
12 Corps Career Development Board program, directly supervising and/or participating
13 in the provision of this valuable service to over sixty percent (60%) of the Command's
14 Medical Corps officers, ensuring optimal preparation for Medical Corps Officers for
15 promotions and major career decisions; his model has since been adopted by several
16 other military treatment facilities (MTF), and it was presented to Rear Admiral Bruce
17 L. Gillingham and all the Commanding and Executive Officers in the region during a
18 Board of Governor's teleconference in December 2014; and

19 **WHEREAS**, CDR Timothy M. Quast authored an innovative plan to provide
20 daily around-the-clock in-hospital physician coverage for the ICU, as well as night
21 coverage for the medical-surgical unit (MSU). He implemented the "Hybrid
22 Hospitalist" program in October 2013, which led to an efficiently structured 24
23 hours/7 days a week inpatient care scheme, involving Internal Medicine, Family
24 Practice, and Pulmonary-Critical Care Physicians. Hospital readmission rates
25 plummeted from 10% in 2010 to 3.7% for the calendar year ending December 2014.
26 In addition, this Hybrid program also reduced disposition time from the Emergency

1 Room to the ICU or Medicine Wards by 28%; reduced discharges from ICU to home
2 by 48%, and reduced medical-surgical ward to ICU transfers by 28%. This program
3 allows for internal medicine consultation or procedure assistance every afternoon at
4 Family Practice to Internal Medicine ward handoff, as well as increasing collaboration
5 between internists and family physicians. This 24 hours/7 days a week coverage is
6 unmatched in Navy medicine, and it was presented as a “NMW Best Practice” to both
7 Vice Admiral Matthew L. Nathan, Surgeon General of the Navy, as well as to NMW
8 Rear Admiral Gillingham in June 2014; and

9 **WHEREAS**, CDR Timothy M. Quast served as both acting Commanding
10 Officer (CO), from February 2009 to May 2015, and as acting Executive Officer, from
11 January 2008 to November 2013, seamlessly providing leadership to the Command.
12 As acting CO, he received representatives from NMW who were present to perform
13 an audit readiness evaluation, in addition to an unannounced inspection of the
14 hospital’s radioactive materials; and both visits were executed flawlessly with stellar
15 results received. In his capacity as acting Executive Officer, CDR Timothy M. Quast
16 guided contingency efforts when the only local civilian hospital’s CT scanning
17 capability was lost, resulting in diversion of patients to USNHG and a resultant
18 hospital capacity approaching 100%; and he also executed the Executive Officer’s
19 inquiry expertly during this time; and

20 **WHEREAS**, CDR Timothy M. Quast initiated a Graduate Medical Education
21 (GME) satellite program for residents and fellows, authoring two memoranda of
22 understanding and providing logistical and administrative support, which resulted in
23 the hosting of four (4) trainees to date, and six (6) confirmed for the upcoming
24 academic year. He organized visits by the Internal Medicine and Family Practice
25 Specialty leaders, enabling executive-level insight to the unique nature of practicing
26 medicine for providers at USNHG; and

1 **WHEREAS**, CDR Timothy M. Quast developed a comprehensive diabetes
2 clinic and a nurse-run diabetes self-management program in September 2014, which
3 resulted in hemoglobin A1C drop of 22% (11.1% to 9.1%) in a three month period for
4 a sixty-four (64) patient cohort of the hospital's most at-risk population, who are those
5 with hemoglobin A1C greater than nine (9). This initiative was recognized as a "Best
6 Practice" in the USNHG Business Plan presented by the Commanding Officer to
7 NMW in April 2015; and

8 **WHEREAS**, CDR Timothy M. Quast has made recognition of subordinates a
9 fulcrum in his tenure as Director, resulting in one Sailor of the Quarter; three Junior
10 Sailors of the Quarter; two Blue Jackets of the Quarter; and two Civilians of the
11 Quarter; and

12 **WHEREAS**, CDR Timothy M. Quast was instrumental in bringing the
13 capability of performing continuous renal replacement therapy (CRRT) to USNHG.
14 CRRT, colloquially known as "slow, ICU dialysis," is a capability not performed at
15 any Navy medical facility which lacks a nephrologist. Shortly after arriving at
16 USNHG, he and his sole intensive care colleague drafted a Standard Operating
17 procedure, which was vetted through the Critical Care Committee. Then after
18 ensuring proper training, credentialing and documentation were performed, USNHG
19 was able to perform CRRT within five (5) months of his arrival. This invaluable life-
20 saving therapy has significantly improved the Command's and region's treatment
21 capabilities, realizing a budgetary savings of over 4.1 Million Dollars in Air Force air
22 medical evacuation costs; Eight Hundred Eighteen Thousand Eight Hundred Thirteen
23 Dollars (\$818,813) in associated Command patient care costs; and over Twenty
24 Thousand Dollars (\$20,000) in ground transportation costs to date; and

25 **WHEREAS**, during CDR Timothy M. Quast's two and a half year tenure as
26 Critical Care Chairman, he has spearheaded several other radical practice-changing

1 initiatives. He co-authored a Trauma Activation Protocol, which streamlined the
2 response of surgeons, intensivists, anesthesiologists and technicians from well over
3 the “golden hour of trauma” to under twenty (20) minutes, vastly increasing the odds
4 of survival among the many trauma victims Naval Hospital Guam receives every year.
5 He was also instrumental in writing thirteen (13) other protocols, which were
6 approved through his committee, to include the Massive Transfusion Protocol, as well
7 as other protocols covering such important topics as delirium management, sedation
8 management, and stroke; and

9 **WHEREAS**, in the spirit of a high reliability organization, CDR Timothy M.
10 Quast instituted an ICU “Daily Checklist,” which draws from clinical practice
11 guidelines published by such organizations as the Society of Critical Care Medicine
12 (SCCM) and the American College of Chest Physicians (ACCP). These guidelines
13 ensure that the basic standards of care such as deep venous thrombosis and
14 gastrointestinal prophylaxis are never missed, and that variation in practice among
15 different providers is minimized. A retrospective review showed that omission in
16 providing these basic standards of care were reduced by 50% when compared to the
17 period before this basic one-page checklist was instituted. This initiative has been
18 mimicked in the medical-surgical ward and has doubtless been part of the reason the
19 readmission rate has plummeted; and

20 **WHEREAS**, CDR Timothy M. Quast saved the Command over Sixty
21 Thousand Dollars (\$60,000) by recruiting and making arrangements for an ACCP-
22 certified critical care ultrasound instructor to come to USNHG to teach ten (10)
23 intensive care unit watch standers vital life-saving skills, rather than have these
24 personnel attend costly off-island instruction. This course provided each physician
25 with twelve (12) continuing medical education credits, a noteworthy achievement in
26 the era of sequestration and fiscal constraints; and

1 **WHEREAS**, as the Command's Competent Medical Authority (CMA) since
2 August, CDR Timothy M. Quast has served as the final arbiter in medical evacuation
3 issues for the Command as its representative in the Western Pacific Medical Alliance.
4 Specifically, he has assisted in fifty (50) medical evacuations and resolved dozens of
5 inter-facility transfer issues, either as the final medical authority representing USNHG
6 via weekly encounters on the Pacific Asynchronous TeleHealth (PATH) portal, via
7 frequent direct communications with other regional CMAs, or with medevac decision-
8 markets at the Theater Patient Movement Requirement Center (TPMRC); and

9 **WHEREAS**, as the Command's Competent Medical Authority, CDR Timothy
10 M. Quast has acted on dozens of occasions in deciding whether service members or
11 their family members will be offered command sponsorship, and in effect permission
12 to transfer to Guam, in the event of an underlying medical condition which may
13 stretch the capabilities of medical care at USNHG or its available consultants; and

14 **WHEREAS**, as the Medical Evacuation Coordinator from June 2013 to
15 October 2014, CDR Timothy M. Quast reviewed and facilitated patient movement
16 requests to higher echelons of care for seven (7) urgent, ninety-one (91) priority, and
17 two hundred ninety-six (296) routine medevac's. Each package was individually
18 reviewed and approved, and many required direct consultation with TPMRC to ensure
19 safe evacuation to Hawaii for the hospital's sickest patients; and

20 **WHEREAS**, CDR Timothy M. Quast has served as the Command's sole
21 Critical Care Air Transport (CCAT) physician since December 2012, and he is the
22 only U.S. Naval Officer to hold this title in the Pacific theater; and in this capacity has
23 assisted with ill patients when there is a lack of availability by the Air Force due to
24 other simultaneous missions. In October 2013, as a CCAT Officer, he did perform an
25 urgent medevac of a patient who had suffered a myocardial infarction and needed
26 transport for emergency cardiac care in Hawaii; and

1 **WHEREAS**, as the Commanding Officer’s designated Convening Authority,
2 CDR Timothy M. Quast has, by direction, the authority to adjudicate cases of limited
3 duty, or return to active duty, and to oversee all submissions for the overseas
4 integrated disability evaluation system (IDES). In this capacity, he has approved
5 twenty-five (25) returns to active duty, ensured nineteen (19) were returned to
6 CONUS for further care, reviewed ten (10) IDES packages, oversaw three (3)
7 administrative separations, and has granted only “one third limited duty (LIMDU)”
8 over a three year period; and

9 **WHEREAS**, as one of two Pulmonary Intensivists, serving at his fourth
10 business ICU in Navy Medicine, CDR Timothy M. Quast has been extremely active
11 from a clinical standpoint, serving 541 days of call to date during his three year
12 tenure, covering the ICU and Medical Surgical Ward, and either directly admitting or
13 providing intensive care for 531 inpatients. He has performed 122 life-saving or life-
14 sustaining procedures, to include bronchoscopies, thoracotomy tube placements,
15 central or arterial line placements, and trans-venous pacemaker placements, among
16 others. CDR Timothy M. Quast has had over 2,088 encounters in the pulmonary and
17 internal medicine inpatient and outpatient arenas, generating a total of 9,715 relative
18 value units; and

19 **WHEREAS**, CDR Timothy M. Quast was selected to serve as the physician for
20 the Iwo Jima Association of America during the annual Japan/U.S. ceremony held on
21 March 20, 2015 honoring Iwo Jima veterans, both living and deceased. He gave the
22 ‘pre-deployment” medical briefing and traveled with the patients to Iwo Jima,
23 providing on-site care. He performed all medical and logistical planning, and
24 provided medical assistance to four veterans or family members during this memorial
25 of the 70th Year Anniversary of the Battle of Iwo Jima; and

1 **WHEREAS**, CDR Timothy M. Quast was one of two Command Instructors for
2 the Fundamentals of Critical Care Support (FCCS) course, which teaches critical
3 intensive care fundamentals to a cadre of relatively inexperienced physicians and
4 nurses who often arrive at USNHG after having just completed residency or their
5 initial training. He taught 50 personnel in September 2013, and 22 personnel in
6 September 2014; and as an Advanced Cardiac Life Support instructor, he has provided
7 training to over 30 personnel since 2012; and

8 **WHEREAS**, CDR Timothy M. Quast initiated a program to write condolence
9 letters to surviving family members of patients who have passed away at the
10 USNHG's ICU; and to the present date, thirty-three (33) letters have been sent,
11 providing many families with closure following the loss of a loved one; and

12 **WHEREAS**, CDR Timothy M. Quast remained academically engaged during
13 his busy clinical time, co-authoring several papers, to include "Results of a Forman
14 Mentorship Program for Internal Medicine Residents: Can We Facilitate Genuine
15 Mentorship?" (Journal of Graduate Medical Education, March 2015); "Treatment of
16 Cardiac Arrest in the Hyperbaric Environment: Key Steps in the Sequence to Care" -
17 presented at the Navy Medicine West Academic Research Competition in San Diego,
18 California, on April 24, 2015; he submitted for publication in the Journal of Thoracic
19 Imaging in January 2015: "Chilaiditi's Sign: An unusual anatomic variant with rare
20 clinical implications"; and he submitted papers for publication to the Journal of
21 Undersea and Hyperbaric Medicine in May 2015; and

22 **WHEREAS**, for his vast meritorious achievements and in keeping with the
23 highest traditions of the United States Naval Service, CDR Timothy M. Quast was
24 presented with the Meritorious Service Medal by the President of the United States via
25 Rear Admiral Bruce L. Gillingham, Medical Corps United States Navy Commander,
26 Navy Medicine West; and

1 **WHEREAS**, CDR Timothy M. Quast was passionate and truly honored to have
2 served at the U.S. Naval Hospital Guam, the only Naval Hospital in the world to treat
3 civilians; and later this month, along with his family, he will be transferring to San
4 Diego, California; now therefore, be it

5 **RESOLVED**, that the Committee on Rules of *I Mina'Trentai Tres Na*
6 *Liheslaturan Guåhan* does hereby, on behalf of *I Liheslaturan Guåhan* and the people
7 of Guam, recognize and commend Commander Timothy M. Quast for his dedication
8 and selfless service in caring for the medical needs of the military personnel and
9 civilians at the U.S. Naval Hospital Guam; and does further extend *Un Dångkolo Na*
10 *Si Yu'os Ma'åse'* to him for his vast exemplary contributions to the military
11 community and the people of Guam; and be it further

12 **RESOLVED**, that the Speaker and the Chairperson of the Committee on Rules
13 certify, and the Legislative Secretary attest to, the adoption hereof, and that copies of
14 the same be thereafter transmitted to Commander Timothy M. Quast; to the
15 Commander of the U.S. Naval Hospital, Guam; and to the Honorable Edward J.B.
16 Calvo, *I Maga'lahaen Guåhan*.

**DULY AND REGULARLY ADOPTED BY THE COMMITTEE ON RULES OF
I MINA'TRENTAI TRES NA LIHESLATURAN GUÅHAN ON THE 5TH DAY OF
AUGUST 2015.**



JUDITH T. WON PAT, Ed.D.
Speaker



THOMAS C. ADA
Acting Chairperson, Committee on Rules



TINA ROSE MUÑA BARNES
Legislative Secretary

#



COMMITTEE ON RULES

I Mina'trentai Tres na Libeslaturan Guåhan • 33RD Guam Legislature

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COMMITTEE VOTING SHEET

Resolution No. 154-33 (COR) - T. R. Muña Barnes, Frank F. Blas, Jr., V. Anthony Ada -
“Relative to recognizing and commending Commander Timothy M. Quast for his dedication and selfless
service in caring for the medical needs of the military personnel and civilians at the U.S. Naval Hospital
Guam; and to further extending *Un Dângkolo Na Si Yu'os Ma'ase'* to him for his support and vast
exemplary contributions to the military community and the people of Guam.”

	SIGNATURE	DATE	TO ADOPT	TO NOT ADOPT	TO ABSTAIN
Senator Rory J. Respicio Chairperson	<i>[Signature]</i>		✓		
Senator Thomas C. Ada Vice-Chairperson	<i>e-vote</i>		✓		
Speaker Judith T. Won Pat, Ed.D. Member	<i>e-vote</i>		✓		
Vice-Speaker Benjamin J.F. Cruz Member					
Legislative Secretary Tina Rose Muña Barnes Member	<i>[Signature]</i>		✓		
Senator Frank B. Aguon, Jr. Member	<i>e-vote</i>		✓		
Senator Dennis G. Rodriguez, Jr. Member					
Senator Michael F.Q. San Nicolas Member					
Senator Nerissa B. Underwood, Ph.D. Member	<i>e-vote</i>		✓		
Senator V. Anthony Ada Minority Leader	<i>e-vote</i>		✓		
Senator Mary Camacho Torres Minority Member					

For Sponsor's Office Use Only

Sponsor Signature: *Alan Cepede*

Staff Contact Person: *Alan Cepede*

For COR/Clerk's Office Use Only

Certified Returned

Name: *Tahuel*

Date: *5/4/15 9:00 a.m.*

Notes: _____